

Urban Pilgrimage Where Sole Greets Soul... Paris, France 2014

Part soulful journey and part cultural excursion, this whole-life experience draws upon the magical backdrop of Paris, the City of Light, to nourish your personal exploration into inner and outer landscapes.



As individuals, guides Sharon Richards and Kayce Hughlett have explored Paris more than twenty times. Each have their own unique appreciation of the city and are delighted to collaborate and share their passion and knowledge with fellow sojourners.

Take your soul for a stroll amidst the magic that is Paris.

This weeklong adventure offers both guided and solo time, urban accommodations in a lovely apartment (with amazing companions like you) just steps from the Seine and Eiffel Tower, personal tours of well-known and hidden treasures... and more.

- Each day will have a unique attention and rhythm, including group gathering time, a city excursion, and personal time for exploration and/or restoration.
- We will be engaging in creative activities like free-writing and our favorite practice of *getting lost to be found* as ways of paying attention and cultivating how to be more fully present in the world.
- This is an **active** retreat. We will be doing **lots** of walking and using public transportation to promote a sense of living in the city rather than merely visiting.

Your time away offers built-in “unstructured” time for personal exploration. Sip coffee and people watch in a local café, stroll along the Seine, nap in your cozy apartment, meander through markets, museum hop, whatever your heart desires...

May 10 - 17, 2014

Arrival & check-in Saturday May 10, 2014

Closing Activities Friday evening, May 16, 2014

Check-out & departure the morning of Saturday, May 17, 2014

Program Fee

\$2250 (per person w/double occupancy); add \$550 for single occupancy (& Eiffel Tower view)= \$2800

\$500 non-refundable deposit holds your place.

Cost includes 7 nights lodging, 6 dinners, breakfast the first morning, one picnic lunch, entry fees for all group excursions, and metro passes for group activities.

Not included:

Travel expenses to/from Paris & transfers to/from airport

Travel insurance recommended (include trip cancellation, medical coverage, and repatriation)

Breakfast and lunch will be on your own with many moderate-cost options available (including preparing meals in the apartment kitchen).

All entry fees for excursions on your free time (a list of recommendations will be provided including free and low-cost options) are your responsibility as well.

Limited to 6-8 participants (depending on double/single occupancy choices) for an intimate experience. This is not a big and hurried tour, but a small gathering of pilgrims savoring one of the most beautiful cities in the world together.

We can't wait to welcome you!

"Unless you leave room for serendipity, how can the divine enter in? The beginning of the adventure of finding yourself is to lose your way."

~ Joseph Campbell

Contact either Sharon (sharonarichards@gmail.com) or Kayce (kayce@kaycehughlett.com) for registration and/or additional questions.